

# WHAT HAPPENS TO MY SAMPLE?





### SAMPLE COLLECTION

The Sample Collection Personnel will identify themselves and notify you that you have been selected for testing. They could be from Sport Ireland or from another sample collection agency used by your International Federation.

The DCO or chaperone will observe you as you provide a urine sample and a Blood Collection Officer who is a certified phlebomotist will collect any required blood samples.. They will then manage the sample collection process including assisting with the Doping Control Form, instructing you on how to split the sample into A and B parts and how to seal your sample.

#### SAMPLE TRANSPORT

If you are tested by Sport Ireland Anti-Doping, your sample is shipped to an independent WADA accredited lab in Germany. If the test is conducted overseas, or by another sample collection agency, it can go to any one of the 30 WADA accredited labs. It can't just go to any lab!

Only authorised couriers are used to ensure a chain of custody for the sample is maintained.



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#### SAMPLE INSPECTION

The sample is inspected by the lab for any evidence of tampering or leaking that may affect the integrity of the sample when it arrives to the lab.

The sample analysis process is completely anonymous - there is no way for the lab to identify which athlete provided the sample. The sample is only identified by the ID numbers on the kit.

QUICK TIP!

This is why you should always double check to ensure the ID numbers on your kit match the ones in your paperwork

#### **SAMPLE ANALYSIS**

The lab prepares the A sample for analysis and the B sample is securely stored. The B sample is only opened in the event of a positive test if requested. The lab technician will open the A sample and remove a small amount, which is tested for prohibited substances or makers that indicate a prohibited substance or method has been used. The lab will then determine whether the sample is negative, positive or atypical.



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## **RESULTS MANAGEMENT**

The lab sends the result to Sport Ireland who will notify you by email of your negative test result. A copy of the result is sent to WADA, by the lab, to ensure accountability in the process. In the case of an adverse analytical finding, you will be contacted directly by Sport Ireland by phone call.

In the case of blood samples collected for the purpose of the Athlete Biological Passport (ABP) you will not receive results as the analysis contributes to the 'indirect detection' process. The outcome of the analysis (i.e. the measures recorded for your ABP) will only be available upon request to Sport Ireland.

#### SAMPLE STORAGE

Your sample may be stored for up to 10 years and the sample can be re-analysed at any time. You can also consent to having your sample stored for anonymous scientific research to help maintain the integrity of clean sport.



