

CERTIFICATE IN SPORTS COACH DEVELOPMENT

(COACH DEVELOPER PROGRAMME)

Duration: 12-18 months

Fee: €1,200

Participants: 25 maximum

AIM

The Certificate in Sports Coach Development (formerly known as the Coach Developer programme) develops the knowledge, skills and competencies needed to develop and support sports coaches as part of a National Governing Body (NGB) coach development programme.

The programme will enable learners to:

- Deliver coach education courses accredited under the Coaching Development Programme for Ireland (CDPI) within a National Governing Body of sport
- Design and deliver coach support programmes in both formal and non-formal settings
- Help coaches reach the level and standard of coaching they aspire to
- Take responsibility for their own learning and the learning of others in the sports coaching sector.

On successful completion of the programme, learners are deployed by their NGB to train and support coaches at a level commensurate with their own coaching experience. They may also be deployed by their NGB to develop and/or review coach education and development programmes.

WHO IS IT FOR?

The programme is aimed at experienced sports coaches who want to be involved in the development and support of coaches within their sport.

ENTRY REQUIREMENTS

Applicants should:

- Hold an NGB coaching qualification CDPI Level 2 or higher (or the highest level NGB coach award) or be an NGB staff member with a specific role in the delivery of coach education
- Be actively coaching for at least five years
- · Be nominated by an NGB
- · Minimum 18 years of age
- IELTS Level 6 or equivalent (for applicants whose first language is not English).

DURATION

The programme involves two stages. Stage 1 is delivered directly by Sport Ireland Coaching over ten contact days (usually five weekends over six months) with activities to complete in between the contact periods. Stage 2 takes place in the NGB where learners apply the knowledge and skills learned in Stage 1 in a sport-specific setting under the guidance of the NGB. The programme can take 12-18 months to complete.



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TOPICS/MODULES

MODULE		DESCRIPTION
1	Introduction to Coach Development	Core philosophies, knowledge and skills required by Sports Coach Developers
2	Coach Developer Practice	Developing the practical skills of a Sports Coach Developer
3	Leadership in Coach Development	Developing the skills to lead the development of coaches and to critically reflect
4	NGB Work Placement	Applying Coach Developer skills in a practical and sport- specific context within an NGB

LEARNING OUTCOMES

On completion of the programme, learners will be able to:

- a) Describe the structures and frameworks that support coach development and the role Coach Developers play in developing and supporting coaches at different stages of their development and in a variety of contexts.
- b) Utilise a variety of strategies to design and deliver sports coach development opportunities in formal and non-formal environments which are centred on the needs of coaches and the sport's National Governing Body
- c) Analyse, interpret and evaluate coach behaviour and practice and provide timely and effective coach-centred feedback that supports coaches during different stages of their development
- d) Use a variety of strategies to promote and measure effective learning in a variety of contexts appropriate to sports coaching and sports coach development
- e) Reflect and evaluate themselves and others for the advancement of coaches and coaching in their chosen sport
- f) Provide a leadership role in the development and delivery of sports coach development within their sport
- g) Develop and support coaches in a practical and sports-specific context within their chosen sport.

ASSESSMENT

Learners must complete a number of assessments during Stage 1 and Stage 2 of the programme. The Learner Information Pack contains further information on the assessments.

AWARD

The programme is recognised by Quality and Qualifications Ireland (QQI) and is included on the National Framework of Qualifications as a Level 7 Special Purpose Award in Sports Coach Development (PG24650).

Learners who complete the qualification will receive a QQI certificate and 45 credits, which they can use to access Further and Higher Education.



Learners can also progress to a Diploma in Sports Coach Development offered by Munster Technological University <u>www.mtu.ie/courses/tlsascdu/</u>



CONTACT

For further information about the programme, please contact **coachinginfo@sportireland.ie**