

References;

Review papers (as published to May 2023)

- Harper J, O'Donnell E, Khorashad BS, McDermott H, Witcomb GL (2021) How does hormone transition in transgender women change body composition, muscle strength and haemoglobin? Systematic review with a focus on the implications for sport participation. *British Journal Sport Medicine* <https://doi.org/10.1136/bjsports-2020-103106>
- Heather AK (2022) Transwoman Elite Athletes: Their Extra Percentage Relative to Female Physiology. *Int Journ Environ Research and Public Health* <https://doi.org/10.3390/ijerph19159103>
- Hilton EN & Lundberg TR (2020) Transgender Women in the Female Category of Sport: Perspectives on Testosterone Suppression and Performance Advantage. *Sports Medicine*. <https://doi.org/10.1007/s40279-020-01389-3>
- Nokoff NJ, Senefeld J, Krausz C, Hunter S, Joyner M (2023) Sex Differences in Athletic Performance: Perspectives on Transgender Athletes. *Exercise and Sport Sciences Reviews*. <https://doi.org/10.1249/JES.0000000000000317>