



SPÓRT ÉIREANN  
SPORT IRELAND

# ACCELERATE

Management Development  
Programme 2023/2024



ACCELERATE is Sport Ireland's sector specific Management Development Programme. Its main aim is to foster excellent management capability in sports organisations funded by Sport Ireland.

### If you are looking to:

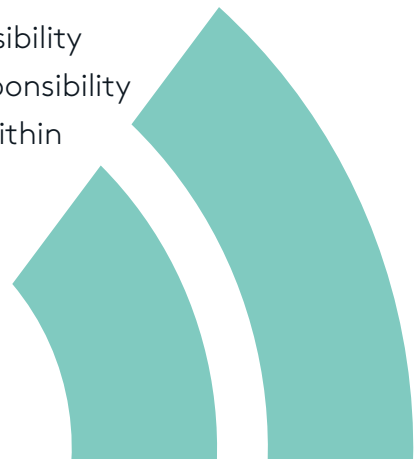
- Develop the skills, acquire the knowledge and understand the behaviours needed to be an effective manager
- Build a professional network with other managers in the sports sector
- Attain a level 6 QQI award in Management

**then ACCELERATE is for you!**

ACCELERATE is specifically designed for:

- People currently in Managerial roles with line management responsibility
- People currently in Managerial roles without line management responsibility
- People who have been identified for a future Managerial role within their organisation

All participants must be employed in sports organisations funded by Sport Ireland.



## The programme experience and key features:

ACCELERATE will be highly experiential and will consist of 3 core modules, namely Self Management, People Management, Project/Financial Management and Governance.

It will include the following elements:

- Psychometric Assessment and Coaching
- Blended Learning
- Networking opportunities and peer support
- Online learning platform and support

## The programme modules:

### SELF-MANAGEMENT

- Self-Awareness
- Character, Competence & Trust
- Wellbeing
- Time Management

### PEOPLE MANAGEMENT

- Managing Remote Teams
- Legislation, Policies and Regulation
- Diversity and Inclusion
- Team Building (optional)
- Conflict Management
- Innovation
- Business Writing Skills
- Performance Management

### PROJECT MANAGEMENT, FINANCIAL MANAGEMENT & GOVERNANCE

- Project Management
- Financial Management
- Governance







## When will the programme run?

The programme will commence in October 2023 and will run until July 2024.

## What are the key dates?

PREPARATION	→	October 2023 Tuesday the 14th of November 2023 (Induction Day)
MODULE 1: Self-Management	→	Tuesday the 21st of November 2023 Tuesday the 5th of December 2023 Wednesday the 17th of January 2024
MODULE 2: People Management	→	Thursday the 8th of February 2024 (optional) Wednesday the 21st of February 2024 Wednesday the 6th of March 2024 Wednesday the 27th of March 2024 Wednesday the 17th of April 2024 Wednesday the 1st of May 2024
MODULE 3: Project Mgmt, Financial Mgmt & Governance	→	Wednesday the 15th of May 2024 Wednesday the 5th of June 2024
ASSESSMENT	→	July 2024
GRADUATION	→	November 2024



## Where will ACCELERATE take place?

Programme activities will take place either virtually or at an in-person Dublin based venue. These dates will be communicated on the schedule you will receive at the in-person induction for the programme.



## The application process

To apply, please complete the Application Form and email it to [odc@sportireland.ie](mailto:odc@sportireland.ie) by no later than 12pm on Thursday the 28th of September 2023. Applications via post will not be accepted.

All applications will be reviewed by Sport Ireland for eligibility, and applicants will be notified of their status in writing by no later than 3pm on Thursday the 12th of October 2023.



## Questions

Should you have any questions in relation to the programme and the application process, please contact the ACCELERATE Programme Lead, Michelle Carty at [odc@sportireland.ie](mailto:odc@sportireland.ie)



## ACCELERATE Management Development Programme

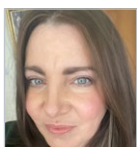
### Past Participant Testimonials

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*"I am incredibly grateful for the ACCELERATE programme and the positive impact it has had on my career. I highly recommend this programme to anyone looking to enhance their managerial skills, build a strong professional network, and attain a recognised qualification in management. ACCELERATE truly lives up to its name by accelerating the careers of sports sector managers like myself."*

**Brian Staunton, NGB Support Unit Manager, Sport Ireland**



*"The ACCELERATE programme equipped me with valuable new skills in areas such as self-awareness, project management, governance, conflict resolution and critical thinking. The Programme provided me with a hands-on learning experience through the immersive modules, one-to-one coaching and situational role plays. I really enjoyed the invaluable peer-to-peer learning and it was great to be able to learn from and network with colleagues throughout the sports sector."*

**Sinead Collieran, Operations Manager, Community Games**



*"High quality course and great to connect with others from similar roles. The course was nicely spaced which helped with juggling work commitments also."*

**Richard Doyle, Performance Operations Manager, Paralympics Ireland**



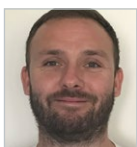
*"It was one of the best decisions I ever made to participate on the ACCELERATE programme. The willingness of participants to share ideas and more importantly experiences was invaluable. The topics covered were relevant to my role and learnings were easily applied in the workplace afterward and continue to be. I would encourage anyone thinking of taking the course to do so."*

**Elaine Twomey, Sport Development Manager, Special Olympics Ireland**



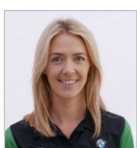
*"The ACCELERATE programme is a fantastic programme. I feel I gained a lot personally and professionally from this course and would highly recommend it. The content is very practical, clear, and helpful for a variety of roles within organisations. The most beneficial part for me was the invaluable learning from my peers within the group. Learning from peers from a similar role to me and those with different roles really helped to develop my management skills."*

**Donna Berry, Women in Sport Development Officer, Laois Sports Partnership**



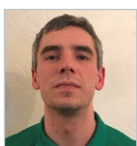
*"Great course, I really enjoyed it. It was great to interact with others in the same position as me in other organisations. I felt that the learning happened in a variety of ways, from each other, the content in the virtual classroom sessions and the research required for the assignments."*

**James Geraghty, National Development Manager, Irish Athletic Boxing Association**



*"The programme content was clear, relevant and effective. It was delivered in concise modules that were easy to absorb. The main benefits came from doing practical assignments related to my role and organisation, knowledge sharing and interacting with my peers from other sports bodies. I thoroughly enjoyed the programme and would recommend to anyone stepping into a leadership role."*

**Orla Nugent, Programme Executive, Triathlon Ireland**



*"ACCELERATE was a really enjoyable programme. It was great to meet other people from the Sports Sector, connect with and learn from them. I felt that my management skills have developed from the various modules that were covered. My personal awareness has also increased as a result of the psychometric assessment and the modules."*

**Fiach Andrews, Sports Inclusion Disability Officer, Kildare Local Sports Partnership**

# Sport Ireland

## ACCELERATE Management Development Programme

### Application Form

#### SECTION 1: Personal Information

Please complete the following information regarding your Application electronically.

Applicant's Name:	
Organisation:	Job Title:
Email Address:	
Phone Number:	Mobile Number:
Identify as:	Female      Male      Other      Prefer not to say
CEO/Most relevant Senior Leaders Number:	
CEO/Most relevant Senior Leaders Email:	

#### SECTION 2: Personal Statement

Please use the space below to complete a personal statement indicating why you believe you should be selected for the ACCELERATE Management Development Programme. Please indicate what you hope to achieve from participation on the programme and how it will build management capability within your organisation.

## SECTION 3: Approval

ACCELERATE Applicant:

Type in Name of Applicant

All applications must be supported by the CEO in the participant's organisation.

I support the above application.

CEO:

Type in Name of CEO/Most relevant Senior Leader



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### Contact Us

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