

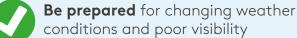
## **Horse Trail Checklist**

Check out this simple check list and make sure you have everything you need to make your trail ride a success.

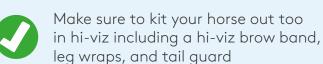




**Plan your ride** and let someone know where you are going and what time you expect to be home









Make sure you wear hi-viz clothing and an approved riding helmet



Wear sturdy waterproof shoes or boots with a heel that will support your ankles on uneven ground should you need to lead your pony or horse



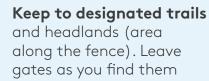
Make sure you carry a water bottle and you bring a high energy snack like fruit or nuts



Pack essential equipment such as a map in a mapcase, compass, hoof pick, whistle, first aid kit for horse and rider, etc.



**Know what to do** if you have an accident, or need help. You and your horse should both wear visible identification with contact numbers







Wear a head or boot torch to show white light to front and red light to rear

**Protect plants and trees.** Avoid riding through young trees or newly sewn or planted grasses and scrubs



Do not interfere with livestock, crops or farm machinery

