

M18 to Ennis & Gort

Clarecastle

Mid Clare Way

Quin

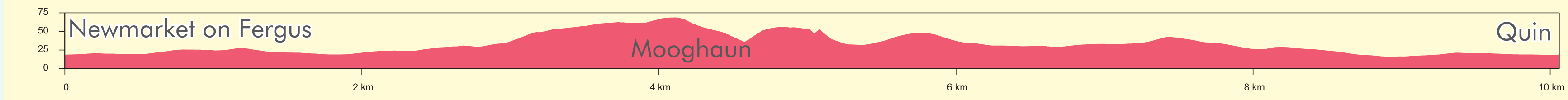
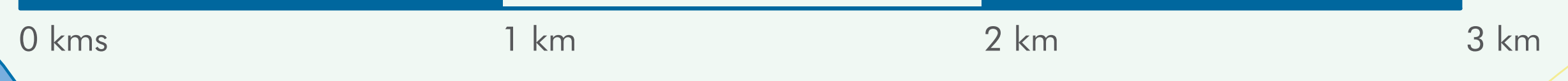
Quin Abbey

Knappogue Castle

Mid Clare Way

Newmarket on Fergus

M18 to Shannon & Limerick



Distance : 10.1 kilometre Total ascent : 100 m Start elevation (Newmarket) : 20 m Highest Point : 68 m