

# Women in Sport Coaching Conference

## Agenda

Time	Activity
8.45 am	Registration (tea & coffee on arrival)
9.45 am	Welcome Address
9.50 am	<b>Minister Jack Chambers, TD</b>
10.00 am	<b>Dr. Una May, CEO of Sport Ireland</b>
10.10 am	<b>David Gillick in conversation with Vera Pauw</b>
10.30 am	<b>Keynote 1: Optimizing the Environment for Your Athletes and Coaches</b> - Gail Donohue
11.10 am	<b>Keynote 2: Nutrition, Menstrual Cycle &amp; the Female Athlete</b> - Sharon Madigan
11.40 am	Tea & Coffee Break
12.10 pm	<b>Breakout Sessions</b>
	Coaching Teenage Girls - Aine McNamara & Declan O'Leary
	Coaching High Performance Athletes/Teams - Neill Delahaye
	The Importance of Developing Great People Skills - Jo Hopkins & Gail Donohue
	Strength & Conditioning and the Female Athlete - Clodhna O'Connor
1.00 pm	Lunch
2.00 pm	<b>Athlete Panel Discussion - Lisa O'Rourke &amp; Orla Comerford with Cliona Foley</b>
2.25 pm	<b>Keynote 3: Mentoring</b> - Jo Hopkins
2.50 pm	<b>Keynote 4: Creating Environments for Athletes/Players to Flourish</b> - Sarah Kelleher
3.25 pm	<b>Coaches Panel Discussion</b> - Greg McWilliams, Sarah Kelleher, Lizzy Kent, Dave Malone with Cliona Foley
3.55 pm	<b>Closing Remarks - Michael McGeehin, Sport Ireland Director of Coaching</b>
4.00 pm	Finish

Business Centre 1
Ambassador Suite
Executive Suite
Lambay I
Lambay II
Martello Suite
Talbot Suite

Main Ground Floor
Coast Restaurant
Moldowney Suite
Matt Ryan Bar
Griffon Bar
Bianconi
Hotel Reception

Business Centre 2
O'Carolan Suite
Graham Bell Suite
Baird Suite
Marconi Suite
Edisson Suite

Tara Suite
Tara I
Tara II
Berners-Lee Suite
Press Suite



Business Centre 1

Main Ground Floor

Business Centre 2