

RETURNING TO TRAINING

FROM
**MAY
10TH**



Return to regular outdoor training (that includes contact) for both adults and children

FROM
**JUNE
7TH**



Planned recommencement of outdoor competition - without spectators

(subject to public health situation at the end of May)

FROM
**JUNE
7TH**



Planned recommencement of return to individual indoor sport

(subject to public health situation at the end of May)

TRAINING

From May 10th outdoor training for adults in pods of a maximum of 15 people can return. This includes contact training

On that basis, outdoor, contact training will also be permitted for those under the age 18 in pods of a maximum of 15 people



COMPETITION

Outdoor (non-elite & club) matches and competitions may recommence on June 7

Such competition must take place without spectators



INDOOR FACILITIES

Indoor facilities such as gyms, swimming pools & sports / leisure centres can reopen from June 7th for individual training



No person (child, parent, coach or volunteer) should attend a training session if:

- they, or any members of their household, are unwell with symptoms consistent with COVID-19
- they are deemed a close contact or awaiting a PCR test result



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