

Great Southern Greenway Limerick



The Great Southern Greenway Limerick is a 39 km off-road walking and cycling route along an old railway line that connects the three market towns of Rathkeale, Newcastlewest and Abbeyfeale in West Limerick.

We promise you a spectacular journey through time, heritage and nature and to give you, the visitor the opportunity to learn more about the people, heritage and environment of one of Ireland's hidden jewels, West Limerick.

Along this route on Ireland's Wild Atlantic Way you will find Norman castles, abbeys, medieval ruins, workhouses, famine graveyards, deserted railway stations, a viaduct and breath-taking scenery.

Use this map to help you get the most from the Great Southern Greenway - Limerick, including access points, car parks and attractions in each market town.



TOWN GUIDE

ABBEYFEALE TOWN LOOP 3.2KM

1. Railway Station
2. Town Square
3. Library
4. Hotel
5. Main Street
6. Glórach Theatre

NEWCASTLE WEST TOWN LOOP 4.5KM

1. Famine Graveyard
2. The Demesne
3. Playground
4. The Square
5. Desmond Hall
6. Fullers Folly
7. Hotel
8. St. Ita's Hospital
9. Public Library
10. Desmond Complex

RATHKEALE TOWN LOOP 3.2KM

1. Palatine Museum
2. River Walk
3. Hotel
4. Carnegie Library
5. Post Office
6. Community Hall
7. Augustinian Abbey
8. Playground

GREENWAY ROUTE DISTANCES

- YELLOW** RATHKEALE to NEWCASTLE WEST (13 km)
- GREEN** NEWCASTLE WEST to TEMPLEGLANTINE (14 km)
- PINK** TEMPLEGLANTINE to ABBEYFEALE (9 km)
- BLUE** ABBEYFEALE to KERRY BORDER (3 km)



IRELAND'S GREAT GREENWAY

THREE TOWNS - LOTS TO DO!

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ACCESS PARKING - GPS

Rathkeale 52.53, -8.94
Newcastlewest 52.46, -9.06
Templeglantine 52.40, -9.18
Abbeyfeale 52.39, -9.30



GREENWAY ROUTES

YELLOW RATHKEALE to NEWCASTLE WEST (13 km)

GREEN NEWCASTLE WEST to TEMPLEGLANTINE (14 km)

PINK TEMPLEGLANTINE to ABBEYFEALE (9 km)

BLUE ABBEYFEALE to KERRY BORDER (3 km)

RATHKEALE to NEWCASTLE WEST

- **Start/Trailhead:** In Rathkeale the official access point is located to the left just off the N21 travelling to Killarney/Tralee at the R518 exit and is next to the Palatine Museum. Follow the directional fingerpost signs on to the Greenway.
- **Distance:** 13 km.
- **Terrain:** Greenway off road cycle and walking trail.
- **Estimated Time Cycling:** 1.5 hours.
- **Estimated Time Walking:** 3 hours.
- **Waymarking:** Trail is waymarked using the Greenway symbol and a white directional travel arrow.
- **To Suit:** Suitable for people with moderate levels of fitness.
- **Minimum Gear:** Helmet, bike, mobile phone, snacks, fluids and waterproofs.
- **Services:** Services available at Rathkeale and Newcastle West.

NEWCASTLE WEST to TEMPLEGLANTINE

- **Start/Trailhead:** In Newcastlewest there are two official access points, one at Bishop Court (off Bishop St., town centre) and the other near Gaelscoil Ó Dóghair (Irish School) on the R521. Follow the directional fingerpost signs on to the Greenway.
- **Distance:** 14 km.
- **Terrain:** Greenway off road cycle and walking trail.
- **Estimated Time Cycling:** 1.5 - 2 hours.
- **Estimated Time Walking:** 3 - 3.5 hours.
- **Waymarking:** Trail is waymarked using the Greenway symbol and a white directional travel arrow.
- **To Suit:** Suitable for people with moderate levels of fitness.
- **Minimum Gear:** Helmet, bike, mobile phone, snacks, fluids and waterproofs.
- **Services:** Services available at Newcastle West and Templeglantine.



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Newcastle West, Co. Limerick.

There are a variety of activities and places to see located near the Greenway. For further information see the following:

www.visitwestlimerick.com | www.limerick.ie

www.visitballyhoura.com | www.discoverireland.com

TEMPLEGLANTINE to ABBEYFEALE

- **Start/Trailhead:** Start/Trailhead: In Templeglantine the main official point is at the car-parking area behind Halla Inse Bán/Community Hall. It is on the local road L21006 (directly opposite the Church) and the Greenway is 1km north along this local road. Parking and services are also available from the Devon Inn Hotel just to the left of the N21. Please note care is required crossing the N21. Follow the directional fingerpost signs on to the Greenway.
- **Distance:** 9 km.
- **Terrain:** Greenway off road cycle and walking trail.
- **Estimated Time Cycling:** 1 hour.
- **Estimated Time Walking:** 2 hours.
- **Waymarking:** Trail is waymarked using the Greenway symbol and a white directional travel arrow.
- **To Suit:** Suitable for people with moderate levels of fitness.
- **Minimum Gear:** Helmet, bike, mobile phone, snacks, fluids and waterproofs.
- **Services:** Services available at Templeglantine and Abbeyfeale.

ABBEYFEALE to KERRY BORDER

- **Start/Trailhead:** In Abbeyfeale the access point is north of the town centre (N21) on the R524 (Athea road) where the old Station is on the right after 1km (adjacent to the 'Railway Bar').
- **Distance:** 3 km.
- **Terrain:** Greenway off road cycle and walking trail.
- **Estimated Time Cycling:** 20 minutes.
- **Estimated Time Walking:** 40 minutes.
- **Waymarking:** Trail is waymarked using the Greenway symbol and a white directional travel arrow.
- **To Suit:** Suitable for people with moderate levels of fitness.
- **Minimum Gear:** Helmet, bike, mobile phone, snacks, fluids and waterproofs.
- **Services:** Services available at Abbeyfeale.

