



**SPORT
IRELAND**
COACHING

NGB and Club Support

DID YOU KNOW?

**8.4
HOURS**

on average was spent a week by active female coaches on coaching and related roles

Female coaches noted challenges of lack of value of coaches from the club, no venue for team training, male dominated environment and volunteer shortage or no assistance with coaching duties

Active female coaches would like to be supported with international learning opportunities, funding to attend coaching courses, and opportunities to progress within the sport or club



61%

of active female coaches are looking to seek their next coaching qualification

WHAT CAN BE DONE?

NGBs and clubs can support female coaches with access to quality facilities and equipment, opportunities to access affordable learning experiences and opportunities for progression

FIND OUT MORE

Sport Ireland conducted research with over 2,000 active and inactive female coaches in 2020 to learn how to better support them.

If you would like to learn more about Sport Ireland's work in supporting Women In Sport or want to get involved visit www.sportireland.ie/women-in-sport

#Women
InSportIRE