



**SPORT
IRELAND**
COACHING

Coaching Network

DID YOU KNOW?

70%

of active female coaches said that they had an effective coaching network to assist them

86%

of active female coaches who did not have a coaching network would like to join one

58%

of female coaches would like to observe other coaches in their sport

Female coaches felt not being part of a coaching network hampered their opportunities for advancement.

I think in network, absolutely, you have maybe two functions to it, a support function and an education function. Like furthering our knowledge and learning from everybody else's knowledge.



WHAT CAN BE DONE?

NGBs and clubs can positively support female coaches with peer learning through networks and communities of practice.

FIND OUT MORE

Sport Ireland conducted research with over 2,000 active and inactive female coaches in 2020 to learn how to better support them.

If you would like to learn more about Sport Ireland's work in supporting Women In Sport or want to get involved visit www.sportireland.ie/women-in-sport

**#Women
InSportIRE**