

2018 Children's Sport Participation and Physical Activity Study (CSPPA)

WHO

6,651 children aged 10-18 from the Republic of Ireland and Northern Ireland participated
4,697 from ROI and **1,954** from NI
1,549 primary children and **5,102** post primary children
53% female, **46%** male, **1%** other



WHAT

6 FOCUS AREAS



PHYSICAL
ACTIVITY



COMMUNITY
SPORT



SCHOOL
SPORT



PHYSICAL
EDUCATION



ACTIVE
TRAVEL



SEDENTARY
BEHAVIOUR

WHY

To understand **participation levels** in sport, physical activity, physical education and active transport.

To understand the **impact** of sport and physical activity on physical, mental and social health.

HOW



Questionnaires



Accelerometers



Health measures



Trained researchers

Full CSPPA 2018 report available at www.sportireland.ie/research