

2018 Children's Sport Participation  
and Physical Activity Study (CSPPA)

# REPUBLIC OF IRELAND



## PRIMARY CHILDREN

## POST PRIMARY CHILDREN

**17%** meet the physical activity guidelines



**10%** meet the physical activity guidelines

**80%** participate in community sport at least 1 time a week



**58%** participate in community sport at least 1 time a week

**70%** participate in school sport at least 1 time a week



**63%** participate in school sport at least 1 time a week

**18%** receive no more than 30 minutes of PE per week



**23%** meet the PE guidelines of 120 minutes per week

**42%** actively travel to/from school



**40%** actively travel to/from school

**63%** meet the 2 hour screen time threshold



**42%** meet the 2 hour screen time threshold

Full CSPPA 2018 report available at [www.sportireland.ie/research](http://www.sportireland.ie/research)