



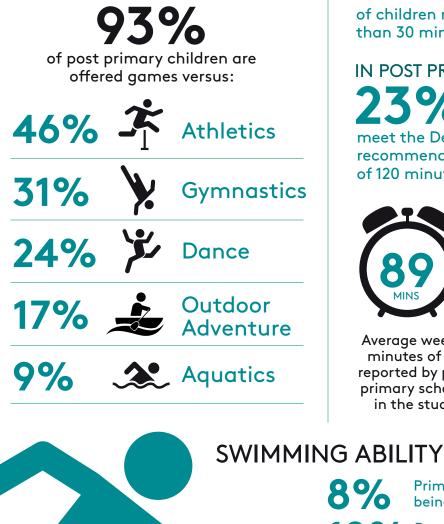


2018 Children's Sport Participation and Physical Activity Study (CSPPA) Primary and Post Primary Children in the Republic of Ireland

PHYSICAL EDUCATION

Physical education provides children with learning opportunities through the medium of movement and contributes to their overall development by helping them to lead full, active and healthy lives.*

TEAM GAMES DOMINATE PE DELIVERY IN PRIMARY AND POST PRIMARY SCHOOLS



IN PRIMARY SCHOOLS

of children receive no more than 30 minutes of PE per week

IN POST PRIMARY SCHOOLS

meet the Department of Education recommended minimum guidelines of 120 minutes a week



VS

Average weekly minutes of PE reported by post primary schools in the study

Minimum number of weekly minutes recommended by Department of Education for post primary PE

Primary children report 8% being unable to swim Post primary children

12% Post primary children, report being unable to swim

Full CSPPA 2018 report available at www.sportireland.ie/research











