

2018 Children's Sport Participation
and Physical Activity Study (CSPPA)

Primary and Post Primary Children in the Republic of Ireland








PHYSICAL EDUCATION

Physical education provides children with learning opportunities through the medium of movement and contributes to their overall development by helping them to lead full, active and healthy lives.*

TEAM GAMES DOMINATE PE DELIVERY IN PRIMARY AND POST PRIMARY SCHOOLS

93%

of post primary children are offered games versus:

46%		Athletics
31%		Gymnastics
24%		Dance
17%		Outdoor Adventure
9%		Aquatics

IN PRIMARY SCHOOLS

18%

of children receive no more than 30 minutes of PE per week



IN POST PRIMARY SCHOOLS

23%

meet the Department of Education recommended minimum guidelines of 120 minutes a week



VS



Average weekly minutes of PE reported by post primary schools in the study

Minimum number of weekly minutes recommended by Department of Education for post primary PE



SWIMMING ABILITY

8% Primary children report being unable to swim

12% Post primary children report being unable to swim

Full CSPPA 2018 report available at www.sportireland.ie/research