





2018 Children's Sport Participation and Physical Activity Study (CSPPA)

Primary and Post Primary Children in the Republic of Ireland

ACTIVE TRAVEL

42% Primary children actively travel to/from school

40% Post primary children actively travel to/from school

64% Urban children actively travel to/from school

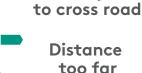
24% Rural children actively travel to/from school



ACTIVE TRAVEL BARRIERS:



No safe place



SEDENTARY BEHAVIOUR

of **primary** children meet the sedentary screen time guideline of less than 2 hours a day

42% of **post primary** children meet the sedentary screen time guideline of less than 2 hours a day

AVERAGE DAILY SEDENTARY LEISURE TIME:

5 HOURS PRIMARY CHILDREN



7 HOURS POST PRIMARY CHILDREN





Full CSPPA 2018 report available at www.sportireland.ie/research









