

THE IRISH SPORTS COUNCIL

AN CHOMHAIRLE SPÓIRT



INTERPOL and WADA warn of potentially deadly diet drug

29 May 2015

The international policing organisation INTERPOL has issued a global alert, or Orange Notice, about 2, 4-dinitrophenol (DNP) after a World Anti-Doping Agency (WADA) accredited laboratory received a sample of the drug following a seizure in Australia.

DNP is banned in sport and not approved for human use in any country. Invented in the 1930s, it was banned for human use after several deaths. It is often found in supplements claiming to have a fat burning effect. Often it will not be listed as an ingredient.

Recently a woman in the UK died and a French man was seriously ill after taking the substance.

Please see our risk minimisation guidelines in relation to supplements

http://www.irishsportsCouncil.ie/Anti-Doping/Athlete-Zone/Supplements_Nutrition